COLLEGE of AMERICAN PATHOLOGISTS

The Cancer Protocols and Changes to Tumor Staging

The Evolving Role of Pathology in Cancer Reporting and General Rules for Cancer Staging

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- Steering Committee for International Collaboration on Cancer Reporting
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- Cancer Care is complex
 - Episode(s) of care likely extend across numerous years
 - Diagnosis
 - Primary treatment of cancer: surgical and medical
 - Watchful waiting and surveillance
 - Survivorship care



- Cancer Care is complex
 - \circ Involve multiple providers
 - Medical oncologists
 - Surgical oncologists
 - Radiation oncologists
 - Primary care team
 - Ancillary support: Radiology, Pathology, Clinical Laboratory
 - Others



- Geography: Patients move through different levels of care
 - Community Hospitals
 - Cancer Centers or regional/referral centers
- Clinical Trials are a standard part of Cancer Care for numerous malignancies

 NCCN Clinical Management Guidelines recommend consideration/enrollment as a routine part of clinical care

 Target therapies increasingly become a mainstay of Cancer Care



Require tumor biomarker testing (WGS, WES, IHC, etc.)

- Tumor Registry is more than just Population Health
 - $_{\odot}$ Intersection between clinical care and population health
- Gap between clinical care, population health and research is rapidly closing
- Clinical Decision Support (CDS) and patient-facing technologies increasingly integrated and important part of Cancer Care
- The Cancer Moonshot: transforming Cancer Care



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- Standards for Cancer Care
 - Accreditation by Commission on Cancer (CoC)
 - Drive quality and improved care and outcomes
 - Define the 'standard of care' irrespective of facility size and accreditation status
 - Anatomic Staging: TNM Classification
 - American Joint Committee on Cancer (AJCC) and Union for International Cancer Control (UICC)
 - Mainstay of determining prognosis and treatment



- Standards for Cancer Care
 - Evidence-based Clinical Practice Guidelines (CPG)
 - National Comprehensive Cancer Network (NCCN)
 - American Society of Clinical Oncology (ASCO)
 - College of American Pathologists (CAP) Cancer Protocols
 - Oncology Medical Home concept



- Challenges and Gaps in Cancer Care
 - Complexity of care
 - Barriers to access
 - Portability of patient information
 - $_{\odot}$ Role of observational data in improving care and outcomes
 - Molecular testing laboratory infrastructure and data storage/management
 - Threats to bench-to-bedside research



ASCO Vision: 'Cancer Care in 2030'

✓ Big Data-The Transformation of Cancer Care through Health Information Technology

✓ Panomics: Precision Medicine Realized

✓ From Cost to Value in Cancer Care



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Big Data-The Transformation of Cancer Care through Health Information Technology

- Analyze and share data on every patient with care
- Draw immediate practice-changing conclusions from an immense body of data
- Transform clinical guidelines into living 'crowd sourced' documents
- The oncologist's role transformed: robust and truly informative decision support at the point of care
- Patients as full partners: the power of patient-facing technologies



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Panomics: Precision Medicine Realized

- Smarter better care
 - $_{\odot}$ Panomic tools simple, ubiquitous and affordable
 - Tumors will be molecularly well-understood and highly treatable
 - Combination targeted therapy will be the standard of care for most tumors
 - Cancer prevention and detection through precision medicine will come of age



Panomics: Precision Medicine Realized

- Biospecimens as a common good
 - \circ Will become standard practice
 - Collective responsibility through public dialogue
- Clinical Cancer Research in the panomic era aided by powerful observational data



From Cost to Value in Cancer Care

- Value as the driver of oncology practice
- Keeping treatments affordable



The Role of Pathology in Cancer Care

- High quality diagnostic, prognostic and treatment information to follow patient through entire course of Cancer Care
 - Evidence-based and standardized reporting
 - Ensure that ALL the relevant information is present
 - Support patient care through entire continuum of care
 - Support downstream uses including Tumor Registry, clinical decision support, patient-facing technologies and survivorship care
 - Reduce fragmentation of reporting



The Role of Pathology in Cancer Care

- High quality laboratory testing driven by accreditation requirements
- Biobanking as a standard part of clinical practice
- Precision Medicine: reducing the quality gap between routine collection of specimens for clinical care and biospecimen collection



- CAP Cancer Protocols
 - o 66 protocols and 13 biomarker templates
 - Focus on *content and clarity*
 - Identify minimum data set needed for cancer care
 - Provide format to ensure easy readability and reduce errors
 - Biomarker templates parallel the Cancer Protocols for biomarker studies



- CAP Cancer Protocols
 - Paper version and electronic version available
 - Electronic version utilizes structured data and structured reporting
 - Available as stand-alone product or as APLIS product
 - Approximately 2/3 of practices still use paper format



- CAP Cancer Protocols
 - For accreditation purposes, Cancer Protocols required for use in:
 - Definitive surgical resection of primary tumor of invasive malignancy and DCIS
 - Definitive surgical resection after neoadjuvant therapy when tumor is present



- Minimum data set includes:
 - Required elements (core and conditional data elements)
 - Required for clinical care
 - Required for staging
 - Optional or recommended elements
 - Generally do not meet stringent levels of evidence
 - Used for elements not necessary for immediate clinical management
 - Based on the opinion of the protocol authors



• Format: The 'synoptic report'

• Format based on general principles for reporting clarity

Ensures completeness and reduces risk of error



• Accreditation Requirements:

- CAP Requirements for both completeness and clarity as well as audit process
- Joint Commission Laboratory Accreditation Program requirements
- Commission on Cancer (CoC) requirements (Standard 2.1)



• Challenges and gaps:

- Information ecosystem for clinical care is broadening based on expanded and new uses for information
- Cancer Care is becoming increasingly complex and so will our reporting requirements
- Gap between clinical care, research and population health is rapidly closing
- Requirements for Cancer Care changing rapidly



- Challenges and gaps:
 - Need for structured data becoming increasingly important
 - Electronic Health Records
 - 'Big data' uses for information
 - Portability of information to follow patient and for Clinical Decision Support/patient facing technologies
 - Tumor Registry and population health



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• Challenges and gaps:

- Cancer Protocols required ONLY for definitive surgical resection of primary tumor
 - Does not address the content requirements for Cancer Care that does not involve definitive surgical resection
- Does not fully address the data needs of the cancer registry community



• Challenges and gaps:

- Two-thirds of practices use the paper protocols modified for their LIS
 - Data not in a structured format for integration into EHR and for downstream users
- Fragmented reporting due to biomarker testing done at a later date



- Challenges in a nutshell: How do we report cancers in such a way that it is:
 - o Complete, clear and high quality and
 - Provides all of the information necessary to allow a patient to navigate the entire continuum of care



- Challenges in a nutshell: How do we report cancers in such a way that it is
 - Able to be used by our downstream users for clinical decision support, patient facing technologies, cancer registries among others
 - Information fully supports the information required for clinical management as defined in clinical practice guidelines <u>and</u>
 - ${\scriptstyle \circ}$ Is manageable by the pathologist



The Way Forward for Cancer Reporting

- Fully supports the entire patient care episode throughout the entire Cancer Care continuum
 - Expanding and promoting use for biopsies, other nondefinitive surgical resections, cytologies, etc.
 - Able to support entire continuum of care including clinical trial enrollment



The Way Forward for Cancer Reporting

• Standardized terminology and content

- Fully aligning with terminology in AJCC Staging Manual
- Utilizing WHO and ICDO-3 terminology
- Content to support other downstream uses



The Way Forward for Cancer Reporting

- True structured reporting using structured data to support full utilization by EHR and downstream uses
 - Moving from a primarily paper-based format to true electronic reporting
 - Supporting portability of data across entire continuum of Cancer Care
 - Reducing fragmentation of reporting
 - Fully supporting the 'big data' uses of pathology information
 - Reduces information burden for pathologists



General Rules for Cancer Staging: Overview

- The extent or stage of tumor at the time of diagnosis is critical for:
 - Defining prognosis
 - Determining treatment
 - Inclusion and stratification for randomized clinical trials (RCT)
 - Evaluating the results of treatment and clinical trials
 - Facilitating comparison of care across cancer treatment centers
 - Population health and surveillance
 - Basis for translational research



General Rules for Cancer Staging: Overview

- Anatomic staging is still mainstay of cancer staging
- Evolving role of non-anatomic factors
 - Provide critical information for stage grouping
 - Predict benefit of target-specific therapies
 - Enhancing clinical decision making
- Assigning stage is the role of the managing physician



General Rules for Cancer Staging: Overview

- Several different staging systems based on anatomic factors
 - TNM staging classification system most widely used
 - American Joint Committee on Cancer (AJCC) and Union for International Cancer Control (UICC)
 - Other staging systems



- Stage vs. stage group vs category vs classification
- 'Stage' should be reserved for aggregate information from TNM categorization
- Stage groups or prognostic stage groups:
 - Aggregate information from T, N and M <u>and</u>
 - Specified nonanatomic factor ("Prognostic Factors for Stage Grouping") for specific cancer



- Classification: lower case prefix used to describe point in time of Cancer Care continuum:
 - Clinical (c)
 - Pathologic (p)
 - Post-neoadjuvant therapy (yc or yp)
 - Recurrent or Retreatment (rc or rp)
 - $_{\odot}$ Autopsy (a)



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- Categorization: T, N, M and Prognostic Factors
 - T, N, or M data used to assign site-specific T, N, and/or M for a patient at a given point in time
 - E.g. T1 or N1c
 - Prognostic Factors for Stage Grouping
 - Non-anatomic factors that have strong correlation with prognosis
 - Site and tumor-specific
 - Used to determine stage group



• Subcategorization:

- Specific cancers have subcategories to facilitate reporting of more detailed information
- o E.g. Breast: T1mi, T1a, T1b, T1c
- Unknown designation X:
 - Used if information on T or N is unknown
 - Usually not able to assign stage group
 - TX or NX should only be used if absolutely necessary
 - There is no MX category



General Staging Rules

- Uncertainty regarding T, N, M categories or stage groups:
 - $_{\odot}$ Assign the lower of the two categories or stage groups
 - Does not apply to unknown or missing information
 - Does not apply to cancer registry
- Grade:
 - $_{\odot}$ Recommended grading system for each cancer type
 - Specified in cancer-specific chapters of Staging Manual



General Staging Rules

- Synchronous vs metachronous tumors:
 - Synchronous: multiple tumors of the <u>same</u> histology in an organ:
 - Tumor of the highest T category is classified and staged
 - Use the (*m*) designation: e.g. pT3(m)N0
 - If number of tumors is important, then replace m with number e.g. pT3(4)N0
 - Synchronous primaries in paired organs:
 - Classify and stage as <u>separate</u> tumors
 - Site specific exceptions: thyroid and ovary



General Staging Rules

- Synchronous vs metachronous tumors:
 - Metachronous tumors
 - Defined as second or subsequent primary cancers occurring in same organ or in different organs outside the staging window
 - Stage independently
 - Do not use the y prefix



Pathological Classification (pTNM)

- Time Frame: from date of diagnosis to surgical resection in the absence of tumor progression (generally a four month window)
- Criteria: surgery is first therapy
- Based on:
 - Pathologic evaluation of resected specimen <u>and</u>
 - Clinical stage information <u>prior</u> to definitive surgery including:
 - Imaging studies
 - Clinical exam



© 2017 College of Arterica Arthy ist Diopsy or cytology information

Pathologic T Categorization (pT)

- Optimally based on resection of single specimen
- If fragmented or resected at several different procedures:
 - Reasonable estimate of tumor size should be made through pathologic assessment with the aid of imaging studies, if necessary
- Direct extension of tumor into a node is classified as nodal involvement (pN)
- Direct extension into an adjacent organ is <u>not</u> considered metastatic involvement (pM)



Pathologic N Categorization (pN)

- pN only applied to <u>regional</u> lymph nodes
- Distant nodal involvement categorized as a metastasis (M)
- Only one node needs to be documented in resection specimen to assign pN
 - Chapters often have minimum number of nodes defined for optimal resection
 - Fine needle aspiration is sufficient to assign pN
- Direct extension of tumor into a regional lymph node:
 - Assigned as pN and not as part of pT categorization



Pathologic N Categorization (pN)

• Evolving Concepts:

- \circ Isolated Tumor Cells and the use of the (*i*+) designator
- Micrometases and use of the (mi) designator
- Molecular techniques for identifying isolated tumor cells (mol+)



Pathologic M Categorization (pM)

- pM0 and pMX are not valid categories
- pM1 with subcategorization, as appropriate, is <u>only</u> valid category
- If biopsy of clinically suspicious lesion is negative for tumor, then no pM should be assigned
- Fine needle aspiration is sufficient for pM categorization



Understanding the Rules for Reporting after Neoadjuvant Therapy

- Represents the post-therapy assessment
 - Time Frame: surgery and staging occur within time frame appropriate for disease-specific circumstances
 - Use the 'yp' designator for definitive resection specimen
 - ypT and ypN represent <u>pathologic response</u> to neoadjuvant therapy
 - Complete pathologic response: ypT0N0
 - Partial pathologic response: assigned irrespective of original clinical categorization (e.g. cT3N1 may end up as ypT1N0 on resection)



Understanding the Rules for Reporting after Neoadjuvant Therapy

- Represents the post-therapy assessment (continued)
 - M category is not changed in post-neoadjuvant therapy assessment
- Histologic confirmation of residual cancer requires presence of non-necrotic tumor cells

 $_{\odot}$ Pools of a cellular mucin or necrosis is not residual cancer

 Not all treatment prior to definitive resection is considered 'neoadjuvant'



Putting It All Together for the Pathologist

• For accreditation purposes:

- pTNM or ypTNM classification should be assigned on definitive resection specimens of primary tumor
- \circ Recommend:
 - ✓ For most accurate classification, should include information from prior biopsies, imaging, etc., as appropriate
 - ✓ Note any assumptions or equivocal findings in comment
 - ✓ Pathologist should not provide stage grouping



Putting It All Together for the Pathologist

- For optimal clinical care:
 - Biopsies:
 - In general, shouldn't provide pTNM classification on biopsy specimens
 - Provide information necessary for appropriate clinical or pathologic classification in report, when possible
 - Resection of recurrent tumors
 - There is an rp designator, so pathologist should provide adequate information for staging, when possible



Putting It All Together for the Pathologist

- For optimal clinical care:
 - Understand the general rules for pTNM categorization!!
 - Site-specific pTNM categorization much easier if you understand general rules
 - A wealth of information in Chapter 1 of the AJCC Staging Manual
 - Understand the general rules for determining pT, N or M categories
 - There are differences between tumor sites so use the Staging Manual for clarification



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CAP's Pathology Resource Guide: Precision Medicine – see handout

- The CAP has created the Pathology Resource Guides to assist pathologists in understanding key emerging technologies.
 - Printed guides are now available for members (\$39) and nonmembers (\$69)
 - The digital copy of the Resource Guides are a complimentary member benefit
 - Access them <u>www.cap.org</u> > Resources and Publications



Short Presentations on Emerging Concepts (SPECS) – see handout

- Pathology SPECs are:
 - short PowerPoints, created for pathologists
 - Focused on diseases where molecular tests play a key role in patient management
- New topics are Renal Tumors, cell free DNA (cfDNA), and PD-L1 as well as other emerging topics
- Access them <u>www.cap.org</u> > Resources and Publications

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